

VISITOR

GUIDE: *Walking* (shorter routes)

1

A 7-mile circular woodland walk around *Llandegla Forest*, at the north-western edge of Ruabon Moors, is a somewhat strenuous but worthwhile walk which could provide the chance to see some of the forest's rarer inhabitants such as the black grouse and the nightjar.

2

Or try a gentler 4-mile *Llanferres to Maeshafn* walk. This straightforward circular walk includes a nice mix of woodland and countryside, and has just enough height to enjoy views across Alyn Valley.

3

If you prefer to be nearer to the coast, the *Gronant Dunes* walk will certainly be of interest. This 3-mile walk follows part of the Wales Coastal Path which goes through one of the last remaining expanses of Sand Dunes on the North Wales Coast. It's also a haven for nature lovers and wildlife, having seen the reintroduction of sand lizards and natterjack toads.

4

The *Llanfairfechan Upland* walk also provides spectacular coastal views as it takes you from the top of Llanfairfechan town (Conwy) to the foot of the mountains of the Carneddau Range where you can explore its historical landscape and numerous archaeological sites dating from the Stone Age.